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Autore	Kutz Angelika
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**Sommario/riassunto**

In this Springer essential, Angelika Kutz examines how paradoxical Double Bind-Communication affects employees and organisations. The aim is to make transparent the self-esteem-destroying-machinery and disease-promoting effect of the toxic communication pattern Double Bind. From the research findings, the author derives the following questions: Are Burnout and Organisational Burnout in truth Double Bind-induced work-attachment- and work-relationship-disorders? Do Double Bind and the thereon based relationship disorders fuel the increasing loss of values and thus the self-destruction of the global Double Bind-Society? Content Consequences of toxic Double Bind-Communication for organisational members and organisations Suspected global, society-wide, constantly aggravating vicious circle Target Groups Executives and human ressources managers Consultants, coaches, mediators, psychologists Students of psychology / medicine / social work Author Angelika Kutz is an industrial and organisational psychologist who supports companies, individuals and families as well as orchestras, artists and musicians in the areas of psychological counseling, mediation and coaching. The translation was done with the help of artificial intelligence. A subsequent human revision was done primarily in terms of content.