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Autore	Mobbs Michael
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Nota di contenuto	Cover; About the Author; Copyright; Contents; Acknowledgments; Foreword; Introduction; 1. Thinking about food; 2. Six garden essentials; 3. Urban farms; 4. Soil and compost; 5. Plants; 6. Water; 7. Chooks; 8. Bees; 9. How to deal with governments; 10. Why citizens must act now; 11. Where are we going?; Further reading; Image credits; Index
Sommario/riassunto	In this companion book to the bestselling Sustainable House, the attention is turned to reducing the carbon emissions associated with growing, processing, transporting, selling, and disposing of food. Using the author's personal experiences as its anchor, this handbook contains practical advice on establishing community and backyard vegetable gardens, keeping chooks and bees, and reducing water usage, along with insights into dealing with councils, sidelining supermarkets, and what people eat and why. A template is provided for those wishing to learn sustainability measures and put them