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Autore	Teng Jimmy <1965->
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Nota di contenuto	Intro -- _GoBack -- CHAPTER 1 -- Introduction -- CHAPTER 2 -- Military Technology, Geopolitics and Economic Development -- 1. Mass Factor and Relativist Concern -- 2. Geopolitics and Economic Performance -- 3. Major Military Technological Revolutions -- 4. Southeast Asia, Africa, America and Oceania -- 5. The Three Strands of Hume-Kant Hypothesis -- CHAPTER 3 -- Ancient Middle Eastern Leadership -- 1. Introduction -- 2. Writing -- 3. Bronze -- 4. Chariots and Iron -- 5. Conclusions -- CHAPTER 4 -- Classical Pluralism -- 1. Introduction -- 2. Light Cavalry -- 3. The Middle East -- 4. Greece and Carthage -- 5. India -- 6. China -- 7. Conclusions -- CHAPTER 5 -- Gupta Efflorescence -- 1. Introduction -- 2. Heavy Infantry -- 3. Roman, Persian and Chinese Empires -- 4. South Asia -- 5. Eurasia -- 6. Conclusions -- CHAPTER 6 -- Abbasid Golden Age and Sung Puzzle -- 1. Introduction -- 2. Heavy Cavalry -- 3. Middle East -- 4. South Asia -- 5. The Byzantine Empire -- 6. Europe -- 7. China -- 8. Japan -- 9. Eurasia -- 10. Conclusions -- CHAPTER 7 -- The Rise of the West -- 1. Introduction -- 2. The Gunpowder Military Revolution -- 3. The Gunpowder Empires -- 4. Eurasia -- 5. Europe -- 6. Conclusions -- EPILOGUE -- The Contemporary Global State System -- BIBLIOGRAPHY -- INDEX.

Sommario/riassunto

In his book Jimmy Teng proposes an alternative reading of world economic history. Using military technology as his point of reference, the author analyses how changes in military technology shaped international political relations and competition between states in world history, influencing economic development.

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Autore

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Titolo

Potential Health Benefits of Fruits and Vegetables

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Descrizione fisica

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Soggetti

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Sommario/riassunto

As plant-based foods, both vegetables and fruits have been clearly associated with the presence of high amounts of bioactive compounds, and have been demonstrated as having a central role in the prevention of diseases. Many scientists of different research fields have lavished great effort both to characterize the bioactive compounds' compositions and to deepen understanding regarding the mechanisms of action through which fruits and vegetables exert their health-promoting and/or disease-preventing properties. In this book, studies on the bioactive compounds' composition of the main fruit and vegetable species, on their health effects as fresh-consumed, transformed products or applied in in vitro models, and on their mechanisms of actions against human pathologies are presented.