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Sommario/riassunto	Arguing that any search for spiritual awakening, enlightenment, or liberation is ultimately futile because it rests on the premise that there is a self that is engaged in the search, this introduction to nondualism posits that the only worthwhile realization is a oneness of all things. Accessible to any reader, this deeply illuminating guide explains what is a complex and very often indefinable concept. Arguyendo que cualquier busqueda para un despertar, una iluminacion o una liberacion espiritual es in