

1. Record Nr.	UNINA9910651623703321
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Titolo	Time Bomb [[electronic resource]] : work, rest and play in Australia today // Barbara Popcock
Pubbl/distr/stampa	Sydney, : New South Publishing, 2012
ISBN	1-74224-581-1
Descrizione fisica	1 online resource (257 p.)
Altri autori (Persone)	SkinnerNatalie WilliamsPhilippa
Disciplina	300
Soggetti	Work-life balance - Australia Quality of work life - Australia Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Copyright; Contents; Acknowledgments; Abbreviations; 1. Set your alarm clock early; 2. We need to talk about work, Kevin; 3. Caring by the clock; 4. Yearning for community: it takes time; 5. Growing up in the suburbs; 6. Learn, earn and burn? Education and work-life in Australia; 7. Work, rest and play; 8. Finding time for sustainable living; 9. Defusing the time bomb; Notes; Index
Sommario/riassunto	Time poverty is a problem for many Australian households and work is the main culprit. Australians start work young, and we are working more, and longer into old age. While maximising our productivity and enhancing our professional skills, we must also raise our children well, care for our aged, be involved in our community and shrink our carbon footprint - a footprint shaped by the patterns and habits of our work, social obligations and households. What is it costing Australians to try and do it all? And what is it costing our families and communities? Incisive and thought-provoking, Time Bomb throws light on poor urban planning, workplace laws and practices, care obligations and other issues that rob us of time and put our households under pressure. And it looks at how work affects our response to the greatest concern of our time - our environmental challenges.

