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Nota di contenuto	Care of People with Diabetes A Manual of Nursing Practice; List of Figures; List of Tables; Example Forms and Instruction Sheets; Foreword; Preface; Acknowledgements; List of Abbreviations and Symbols; Chapter 1 Diagnosing and Classifying Diabetes; Key points; What is diabetes mellitus?; Prevalence of diabetes; Classification of diabetes; Overview of normal glucose homeostasis; The metabolic syndrome in children and adolescents; Type 1 and Type 2 diabetes; Gestational diabetes; Example Instruction Sheet 1: Preparation for an oral glucose tolerance test; Screening for diabetes Preventing Type 2 diabetesManaging diabetes mellitus; Aims of management; Exercise/activity; Diabetes education; Complications of diabetes; Cost of diabetes; Aim and objectives of nursing care of people with diabetes; References; Chapter 2 Holistic Assessment, Nursing Diagnosis, and Documentation; Key points; Rationale; Holistic nursing; Care models; Characteristics of an holistic nursing history; Nursing history; Example health assessment chart; Instruments to measure health status; Documenting and charting patient care; Nursing care plans; Nursing responsibilities Documentation by people with diabetesReferences; Chapter 3

Monitoring Diabetes Mellitus; Key points; Rationale; Introduction;
 Monitoring 1: blood glucose; Key points; Blood glucose testing
 checklist; Monitoring 2: urine glucose; Key points; Monitoring 3:
 additional assessment; References; Chapter 4 Nutrition, Obesity and
 Exercise; Key points; Rationale; The importance of good nutrition;
 Obesity; Overview of the pathogenesis of obesity; The significance of
 abdominal obesity; Nutrition, obesity and stress; Methods of measuring
 weight; Managing obesity and diabetes
 Method of screening for dietary characteristics and problems Principles
 of dietary management for people with diabetes; The Apple Report;
 Dietary management: obesity; Bariatric surgery; Complementary weight
 loss programmes; Factors associated with making dietary changes;
 Nursing responsibilities; References; Chapter 5 Medicines Management;
 Key points; Introduction; Quality Use of Medicines (QUM); Quality Use of
 Medicines and diabetes; Oral hypoglycaemic agents (OHA); The incretin
 hormones; When should insulin be initiated in Type 2 diabetes?;
 Barriers to insulin therapy
 Some strategies to overcome the barriers Insulin therapy; Types of
 insulin available; Injection sites and administration; Mixing short- and
 intermediate-acting insulins; Commonly used insulin regimens;
 Interpreting morning hyperglycaemia; Continuous subcutaneous insulin
 infusion (CSII); Continuous blood glucose sensors; Subcutaneous
 insulin sliding scales and top-up regimes; Uses of insulin infusions;
 Insulin allergy; Transplants; Stabilising diabetes; Stabilising diabetes
 in hospital; Community and outpatient stabilisation; Lipid lowering
 agents; Monitoring lipid medicines
 Antihypertensive agents

Sommario/riassunto

'This remarkably comprehensive book reflects the depth of knowledge and experience of its author and will assist nurses in the process of diabetes management. I wholeheartedly recommend this text to all health professionals whether working directly in, or on, the fringe of diabetes. 'From the foreword by Marg McGill, Chair, International Diabetes Federation Consultative Section on Diabetes Education Care of People with Diabetes is an essential guide to the care and management of people with diabetes mellitus, with particular emphasis on the acute care setting. It is written by an experienced
