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Sommario/riassunto	How can we overcome crises and shape our common future? Since the beginning of the Corona pandemic, we have all been put to an immense test. This shows how humanity can successfully and

constructively deal with such situations and make the best of them. And we learn that the future is not something that happens to us, but that we can actively and constructively shape it. The basic prerequisite for this is an attitude of openness, mutual helpfulness and hope. This non-fiction book vividly reports on the currently prevailing images of the future and the common longings as well as on people's capacity for hope and action. It reveals the power of desirable images of the future and of a collective hope as the opposite of general helplessness or of blind and naïve optimism. The central statements of this book are based on the experiences of thousands of people in more than ten countries who participated in the scientific study of the Hope Barometer in 2019 and 2020. In a unique way, this combines lived practice with the latest findings of social science futurology, positive psychology and pragmatic philosophy. Target groups: This book is for anyone who wants to look to the future with hope. It offers concrete answers to key questions and shows how crises can be overcome while shaping a better future for individuals and society as a whole. About the author: Dr. Andreas M. Krafft teaches at the University of St. Gallen and at the Free University of Berlin. As co-president of swissfuture, the Swiss Association for Futures Research, and as a board member of the Swiss Society for Positive Psychology, he leads the international research network of the Hope Barometer.

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