1. Record Nr. UNINA9910639994703321 Autore Nardini Mirella Titolo Phenolic Compounds in Food: Characterization and Health Benefits Pubbl/distr/stampa Basel, : MDPI - Multidisciplinary Digital Publishing Institute, 2022 **ISBN** 3-0365-6115-3 Descrizione fisica 1 electronic resource (220 p.) Soggetti Research & information: general Biology, life sciences Food & society Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Sommario/riassunto Phenolic compounds in food such as fruits, vegetables, wine, spices, and oils have been characterized and their possible effects on human health has been studied in depth. Several technological aspects have also been considered concerning the sustainable extraction of phenolic compounds, the long-term storage effects, and the influence of

fermentation and boiling techniques on their properties.