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| 1. Record Nr.           | UNINA9910639897203321   |
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| Titolo                  | Out of the spiral of conflict : our conflicts - and how we solve them // Andrea Hartmann-Piraudeau  |
| Pubbl/distr/stampa      | Wiesbaden, Germany : , : Springer, , [2022]<br>©2022  |
| ISBN                    | 9783658397791<br>9783658397784  |
| Descrizione fisica      | 1 online resource (90 pages)  |
| Disciplina              | 303.69  |
| Soggetti                | Conflict management<br>Counseling<br>Personal coaching<br>Gestió de conflictes<br>Orientació<br>Entrenament personal<br>Llibres electrònics   |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Nota di contenuto       | Intro -- Contents -- 1: Introduction -- 2: The Nature of Conflicts -- 2.1 Constructive Conflicts -- 2.2 Destructive/Dysfunctional Conflicts -- 2.3 Hot and Cold Conflicts -- 2.4 The Escalation of Conflicts -- 2.5 The Aura of Conflict -- 3: Conflict Types -- 3.1 Everyone Is Different: Personalities -- 3.2 What Type of Conflict Am I? -- The Extroverted, Direct Conflict Type -- The Introverted, Avoidant Conflict Type -- The Detail-Oriented, Factual Conflict Type -- The Intuitive, Empathic Conflict Type -- The Analytical, Open Conflict Type -- 3.3 What Types of Conflict Resolution Are There? -- The Avoidance -- The Enforcement/Competing -- The Yielding/Accommodating -- The Compromise -- The Consensus/Collaboration -- 4: The Spiral of Conflict -- 4.1 Change in Thinking -- 4.2 Change in Feeling -- 4.3 Change in the Will -- 5: Conflict Resolution -- 5.1 Self Clarification -- 5.2 Understanding the Others -- 5.3 Making Peace. |

