

1. Record Nr.	UNINA9910639878003321
Autore	Hesketh Ian <1975->
Titolo	Law enforcement, leadership and wellbeing : creating resilience / / Ian Hesketh, Cary L. Cooper
Pubbl/distr/stampa	Cham, Switzerland : , : Palgrave Macmillan, , [2023] ©2023
ISBN	3-031-22416-7
Descrizione fisica	1 online resource (101 pages)
Disciplina	363.2
Soggetti	Law enforcement - Psychological aspects Leadership Well-being
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Intro -- Acknowledgements -- Contents -- About the Authors -- Abbreviations -- List of Figures -- 1 Introduction and Key Concepts -- National Forum for Health and Wellbeing -- Governance -- Wellbeing and Law Enforcement -- Hypervigilance -- History of Wellbeing in Policing -- UK Policing Landscape -- National Police Wellbeing Service (NPWS) -- Key Concepts in Wellbeing -- Introducing the Chapters -- References -- 2 Challenges for Law Enforcement -- Current Trends in Police Workplaces -- Post-Traumatic Stress Disorder (PTSD) and Policing -- COVID-19 and Policing -- Future Working Environment -- Challenge of Technology -- Exploring Wellbeing -- Strategic Wellbeing -- Productivity and Performance -- Physical and Psychological Wellbeing -- Societal and Financial Wellbeing -- References -- 3 Measuring Wellbeing -- Annual Wellbeing Survey -- Anxiety and Depression Symptoms -- Challenge and Hindrance Stressors -- Disturbed Sleep and Insufficient Sleep -- Emotional Energy -- Experienced Workplace Incivility -- Fatigue -- Intention to Quit -- Job Satisfaction -- Life Satisfaction -- Perceived Organisational Support (POS) -- Physical Wellbeing -- Process Improvement Behaviour -- Prosocial Motivation -- Psychological Detachment -- Psychological Need Satisfaction -- Sense of Being Valued -- Supervisor Listening -- Supportive Leadership -- Team Belonging -- Vision Clarity -- Work

Engagement -- Blue Light Wellbeing Framework -- Conclusion -- References -- 4 Working Environment: Post-Pandemic -- Working Relationships -- Remote and Hybrid Working -- Discretionary Effort -- Conflict -- Job Design -- References -- 5 Leadership and Resilience -- Leadership Criticality -- Leadership Styles -- Personal Development -- Evidence-Based Approaches -- Resilience -- Pitfalls -- References -- 6 Conclusions -- Recruitment and Retention -- Technology Promising Practice.  
Dysfunctional Workplaces -- Absenteeism, Presenteeism and Leaveism -- Key Take-Homes from This Book -- References -- References -- Index.

---