

1. Record Nr.	UNINA9910637889103321
Autore	Cartosio, Bruno
Titolo	L'autunno degli Stati Uniti : neoliberismo e declino sociale da Reagan a Clinton / Bruno Cartosio
Pubbl/distr/stampa	Milano, : ShaKe, \1998!
ISBN	88-86926-41-3
Descrizione fisica	235 p. : ill. ; 21 cm.
Collana	Universale ShaKe
Disciplina	306.30973
Locazione	DECBC
Collocazione	FL STO 43
Lingua di pubblicazione	Italiano
Formato	Materiale a stampa
Livello bibliografico	Monografia

2. Record Nr.	UNINA9910557554103321
Autore	Greenwood Pamela M
Titolo	Cognitive and Brain Aging: Interventions to Promote Well-Being in Old Age. Roadmap for Interventions Preventing Cognitive Aging
Pubbl/distr/stampa	Frontiers Media SA, 2020
Descrizione fisica	1 online resource (326 p.)
Soggetti	Neurosciences Science: general issues
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	The field of cognitive aging has evolved from a focus on cataloging age-related declines of brain and mind in healthy older people to a focus on interventions aimed at limiting those declines. Intervention research has obtained convincing evidence of the cognitive benefits of aerobic exercise and working memory training. Recently interest has broadened to include interventions that consider the social and physical environment of the aged individual. Examples of this are investigations of training cognitive-motor integration, interventions to reduce loneliness, mindfulness training, and human factors-based approaches to cognitive deficits. Such approaches move beyond targeting specific abilities in isolation to consider more broadly the overall well-being of the healthy older person. In this Research Topic we call for both empirical and review papers that consider interventions aimed at reducing cognitive and brain aging but also approaches that consider older individuals (animal and human) in their physical and social environment.