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Nota di contenuto	Intro -- Foreword -- Preface -- Contents -- Editors and Contributors -- About the Editors -- About the Contributors -- Part I: Theoretical Background -- Integrating Play into the Context of Health Settings -- Introduction -- The Importance of Play -- Supporting Children in Health Systems -- Definitions of Play and Play Therapy in the Health System -- United Nations Convention on the Rights of the Child -- Providing Atraumatic Care -- Reflective Questions and Activities -- Orientation to the Text -- Additional Resources -- References -- Play in Therapy and the Therapeutic Powers of Play -- Introduction -- Play in Therapy and Play Therapy: Early Origins -- The Therapeutic Powers of Play: Mechanisms of Change -- Self-Expression -- Access to the Unconscious -- Direct Teaching -- Indirect Teaching -- Catharsis -- Abreaction -- Positive Emotions -- Counterconditioning of Fears -- Stress Inoculation -- Stress Management -- Therapeutic Relationship -- Attachment -- Social Competence -- Empathy -- Creative Problem Solving -- Resiliency -- Moral Development -- Accelerated Psychological Development -- Self-Regulation -- Self-Esteem -- Conclusion -- Reflective Questions and Activities -- Additional Resources -- References -- Caring for Children, Families, and Health Care Professionals -- Introduction -- Attributes of Caring

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