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Sommario/riassunto	The main aim of this book is to offer an easy tool to read a scientific

article with greater awareness, to understand and evaluate it more thoroughly, and to better plan research. Today, in the era of evidence-based medicine, both research and daily patient-focused clinical practice are no longer possible without a thorough knowledge of the literature and its continuous updates. Written by surgeons for surgeons, this practical book makes the basic concept of statistics and research methodology easy to understand and apply for young surgeons and researchers, students and residents.