

1. Record Nr.	UNINA9910633928003321
Autore	Zhou Mingming
Titolo	Goal frustration in academic achievement settings : theories and applications / / Mingming Zhou
Pubbl/distr/stampa	Singapore : , : Springer, , [2022] ©2022
ISBN	9789811974779 9789811974762
Descrizione fisica	1 online resource (144 pages)
Disciplina	370.15
Soggetti	Educational psychology Academic achievement - Psychological aspects Frustration Psicologia pedagògica Rendiment acadèmic Frustració Llibres electrònics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Intro -- Preface -- References -- Contents -- 1 Nature of Goal Frustration -- 1 Emotions in Academic Contexts -- 2 Defining Frustration: Validity Issues -- 3 A Multidimensional Framework of Goal Frustration -- 4 Similar Constructs to Goal Frustration -- 5 Causes and Consequences of Goal Frustration -- 6 Summary -- References -- 2 Operationalization of Goal Frustration -- 1 Existing Measures of Goal Frustration -- 1.1 Self-reports -- 1.2 Physiological Measures -- 1.3 Behavioral Measures -- 1.4 Computer Modelling/Logs -- 1.5 Qualitative Measures -- 2 Issues with Extant Measures -- 3 Potential Solutions to Identified Issues -- References -- 3 Correlates to Goal Frustration -- 1 Self-efficacy -- 2 Goal Orientation -- 3 Attribution -- 4 Striving -- 5 Mental Toughness -- 6 Cognitive Level -- 7 Past and Future Experiences -- 8 Interpersonal Relationships -- 9 Task Characteristics -- 10 Sociocultural Values -- 11 Aggression -- 12 Information Processing -- 13 Summary -- References -- 4 Cross-

Cultural Perspectives on Goal Frustration -- References -- 5 Empirical Evidence of Goal Frustration in Academic Settings -- 1 Study 1 -- 1.1 Data Collection -- 1.2 Findings -- 2 Study 2 -- 2.1 Data Collection -- 2.2 Findings -- 3 Summary -- References -- 6 Ways to Monitor and Control Goal Frustration -- 1 Cognitive Strategies -- 2 Affective Strategies -- 3 Behavioral Strategies -- 4 Technology-Based Strategies -- 5 Alternative External Sources -- 6 What do We do Next? -- References -- 7 Frustration or Fulfilment? Transform Frustration into Empowerment -- 1 Reframing Frustration -- 2 Tolerate or Combat Frustration? -- 3 Link Frustration to Practices, Not Outcomes -- 4 Use Frustration as a Learning Tool/Catalyst -- 5 From Frustration to Passion -- References -- 8 Concluding Remarks -- References.
