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Nota di contenuto	1. 'Everything is foreseen, and permission is granted' 2. "Being Here", Dasein, and the Four lifeworld existential modes of subjective experience 3. Authenticity and the four universal concerns 4. The therapeutic model 5. The existential approach in practice – an introduction 6. Being-for the client and the phenomenology of the subjective experience 7. Being-alongside stage and the client's universal concerns 8. Being Otherwise– therapeutic paths, therapeutic partnership and the existential authenticity model.
Sommario/riassunto	This book draws on existential theory and original research to present the conceptual framework for an understanding of existential authenticity and demonstrates how this approach might be adopted in practice. The authors explore how a non-mediated connection with authentic lived experience might be established and introduced into

1.

illustrating how this might be applied in a therapeutic practice. It appeals to scholars and practitioners with an interest in existential psychology, phenomenology, and their broad implications. Jonathan Davidov is a teaching fellow at the University of Haifa, researcher, and a practicing psychotherapist in Israel. Dr. Davidov's research interests are existential and phenomenological psychology and human behavior under extreme situations and in significant turning points in life. He has published several scholarly journal articles on these topics. Pninit Russo-Netzer is a senior lecturer, researcher, and the head of the Education Department at Achva Academic College. Dr. Russo-Netzer is a logotherapist, the founder and the head of the "Compass" Institute for the Study and Application of Meaning in life, and the founder and head of the Academic Training Program for Logotherapy (meaningoriented psychotherapy) at Tel-Aviv University. Her main research and practice interests focus on meaning in life, positive psychology, existential psychology, spirituality, positive change, and growth. She has published books and scholarly journal articles on these topics.