

1. Record Nr.	UNINA9910629284703321
Titolo	Advanced practice in mental health nursing : a European perspective // Agnes Higgins, Nina Kilku, Gisli Kort Kristofersson, editors
Pubbl/distr/stampa	Cham, Switzerland : , : Springer, , [2022] ©2022
ISBN	3-031-05536-5
Descrizione fisica	1 online resource (537 pages)
Disciplina	616.89
Soggetti	Mental illness Psychiatric nursing Infermeria psiquiàtrica Malalties mentals Llibres electrònics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Intro -- Foreword -- Preface -- Acknowledgements -- Contents -- Editors and Contributors -- About the Editors -- About the Authors -- Contributors to Case Vignettes/Examples -- Part I: Theoretical and Historical Perspectives -- Landscape of Advanced Practice Mental Health Nursing in Europe -- 1 Introduction -- 2 Human Rights Agenda: Guiding the Way to Change -- 3 Reforming the Mental Health Services and Practices -- 4 The Establishment of the Advanced Practice Mental Health Nursing -- 5 Advanced Level Mental Health Nursing Education -- 6 The Focus of Advanced Practice Mental Health Nursing -- 7 Conclusion -- References -- Role and Competencies of Advanced Practice Mental Health Nurses -- 1 Introduction -- 2 Differentiating Roles and Levels of APMHNs in the USA and Europe -- 3 The APMHN Role -- 3.1 Ireland and the APMHN Role -- 3.2 The UK and the APMHN Role -- 4 Netherlands and the APMHN Role -- 5 APMHN Competencies -- 5.1 Advanced Clinical Practice -- 5.2 Leadership -- 5.3 Research and Evidence-Based Practice -- 5.4 Education -- 6 Challenges Encountered by APNs in Enacting Their Role -- 7 Future Issues for the Role Development of the APMHN -- 8 Conclusion -- References

-- Perspectives and Frameworks Underpinning the Practice of Advanced Mental Health Nursing -- 1 Introduction -- 2 The Biomedical Perspective -- 3 Psychological Perspective -- 4 Socioecological Perspective -- 5 The Recovery Perspective -- 6 Mental Health Nursing Perspective -- 7 Conclusion -- References -- Supplemental References

-- Part II: Foundations for Collaborative Working -- Therapeutic Alliance -- 1 Introduction -- 2 The Legacy of Hildegard Peplau -- 3 Therapeutic Alliance and Common Factors -- 4 The Therapeutic Alliance as a Safe Base -- 5 The Core Characteristics of the Therapeutic Alliance -- 5.1 Trust -- 5.2 Empathy -- 6 Communication as a Key of Therapeutic Alliance.

7 "Mind the Gap": Some Possible Pitfalls and Challenges -- 8 The Importance of Self-reflection -- 9 Therapeutic Alliance and Y Model -- 10 Challenges to Researching the Therapeutic Alliance -- 11 Conclusion -- References -- Advanced Mental Health Nursing Assessment, Formulation and Decision-Making -- 1 Introduction -- 2 Advanced Mental Health Nursing Assessment -- 3 Some Core Principles Underpinning Assessment -- 4 Types of Information or Data Collected -- 5 Methods of Advanced Clinical Assessment in Mental Health Practice -- 5.1 Clinical Interview -- 5.2 Mental Health and Distress Assessment Tools (Questionnaires, Rating Scales) -- 6 Mental Health Assessment and Decision-Making: Classification Models -- 7 Collaborative Formulation and Goal Settings: Decision-Making -- 7.1 ABC-E Model of Emotion -- 7.2 The Five Ps of Formulation -- 8 Mental Health Nursing Assessment and Clinical Decision-Making: A Complex Advanced Nursing Competency -- 9 Conclusion -- References -- Integrative Care Planning -- 1 Introduction -- 2 Shared Decision-Making and Care Planning -- 3 Recovery Care Planning -- 4 Collaborative Care Models -- 5 Joint Crisis Planning -- 6 Advanced Mental Health Directives -- 7 Discharge Care Planning -- 8 Integrative Mental Health Care Planning -- 9 Integrative Treatment Planning Model for APMHN Practice -- 9.1 Service User Context -- 9.2 Scientific Evidence -- 9.3 Legal and Ethical Standards -- 9.4 Situational Issues -- 9.5 Risk-Benefit Analysis -- 9.6 Service User/Clinician Decision -- 9.7 Intervention Planning -- 10 Intervention Outcomes -- 11 Future Directions -- 12 Summary -- References -- Part III: Therapeutic Engagement in Different Contexts -- Collaboration with Families, Networks and Communities -- 1 Introduction -- 2 What Is Family? -- 3 What Is Family-Focused Care? -- 4 Brief History of Family-Focused Care.

4.1 The Blaming and Suffering of Families -- 4.2 Expressed Emotions, the Knowledge of Attachment Styles and Intergenerational Influence -- 4.3 Objective and Subjective Burden -- 4.4 Intervention Programmes for Families -- 4.5 The Stigma of Mental Health Problems -- 5 Why Family-Focused Care? -- 5.1 Benefits and Barriers of Family-Focused Care -- 6 Approaches in Family-Focused Care -- 6.1 Collaborative Development of Knowledge -- 6.2 Family Strength-Oriented Therapeutic Conversations (Fam-SOTC) -- 6.3 Open Dialogue -- 7 Preventive Approaches: The Invisible Children -- 7.1 Let's Talk About Children -- 7.2 The Solihull Approach -- 8 Collaboration with Networks -- 9 Conclusion -- References -- Additional References or Resources -- Advanced Practice Mental Health Nursing and Mental Health Promotion -- 1 Introduction -- 2 Key Concepts and Definitions Within Mental Health Promotion -- 2.1 Wellness and Positive Psychology -- 2.2 Flourishing and Languishing -- 2.3 The Mental Health and Illness Continua -- 3 Key Issues Within Mental Health Promotion -- 3.1 Determinants of Mental Health and Risk/Protective Factors -- 4 Mental Health Promotion Through the Lifespan -- 4.1 Childhood -- 4.2

Adolescence and Emerging Adulthood -- 4.3 Adulthood -- 4.4 Older Age -- 5 Mental Health Promotion in the Mental Health Services -- 5.1 Creating Supportive Environments -- 5.2 Reducing Stigmatisation and Discrimination and Promoting Inclusion -- 5.3 Supporting Social and Emotional Well-Being of Service Users and Their Families -- 6 Knowledge and Skills Required by Advanced Practice Mental Health Nurses for Mental Health Promotion -- 7 Challenges in Mental Health Promotion for APNs -- 8 Conclusion -- References -- Trauma and Trauma-Informed Care -- 1 Introduction -- 2 A Historical Perspective on the Concept of Trauma -- 3 Defining Trauma -- 4 Types of Trauma -- 5 Impact of Trauma. 6 Trauma and Mental Health Problems -- 7 Trauma and the Mental Health System -- 8 Trauma-Informed Approach to Care -- 8.1 An Organisational Approach Towards Trauma -- 8.2 Trauma-Focused Therapy -- 9 Trauma-Informed Principles to Guide APMHNS' Approach to Care -- 10 Conclusion -- References -- Mental Health Care in the Era of Growing Global Risk and Uncertainty: A Recovery and Person-Centred Approach -- 1 Introduction -- 2 The Risk Society and the Return of Uncertainty -- 2.1 The Basic Concepts of Risk, Uncertainty and Danger -- 2.2 Risk Management and Its Risks -- 2.3 The Risk Society and the Late Modernity: History and Key Characteristics -- 2.3.1 The Modern and the Postmodern Society -- 2.3.2 New Threats, Risks and Uncertainty: The Risk Society -- 2.3.3 Individualisation and Reflexivity -- 2.3.4 Trust in the Risk Society -- 2.3.5 The Local Community Becomes an Important Arena -- 2.3.6 A Group at Risk in the Risk Society -- 3 People with Mental Health Problems in the Local Community -- 4 Everyday Life in Late Modern Society: Users' Experiences and Perspectives on How to Manage Risk and Uncertainty -- 4.1 Change and Uncertainty -- 4.2 Mental Disabilities and Societal Obstacles -- 4.3 The Technical Dominance -- 4.4 Individualisation and Loneliness -- 4.5 Searching for a Meaningful Everyday Life -- 5 Working with Risk and Uncertainty: A Recovery-Oriented and Person-Centred Practice -- 5.1 Living with Uncertainty -- 5.2 A Collaborative Approach to Encounter Risk and Uncertainty -- 5.2.1 Shared Decision-Making and the Significance of Dialogue -- 5.2.2 The Collaboration Plan -- 5.3 Implementing a Recovery-Oriented and Person-Centred Approach When Working with Risk and Uncertainty -- 5.4 The Importance of the Local Community -- 6 Conclusion -- 6.1 Cornerstones of Mental Health Care in Contemporary (Risk) Society. 6.2 Implications for Research and Development -- References -- Interface Between Physical and Mental Health -- 1 Introduction -- 2 Bidirectional Nature of Physical Health Problems -- 3 Prevalence of Physical Health Problems in People Experiencing SMHP -- 4 Risk Factors to High Rates of Morbidity and Mortality -- 4.1 Illness-Related Risk Factors -- 4.1.1 Cardiovascular Disease -- 4.1.2 Respiratory Disease -- 4.1.3 Metabolic Disorders -- 4.1.4 Sexual Health -- 4.1.5 Mental Illness-Related Factors -- 4.2 Socio-economic Risk Factors -- 4.3 Organisational Risk Factors -- 4.3.1 Barriers to Accessing Services -- 4.3.2 Diagnostic Overshadowing -- 4.3.3 Organisational Support -- 4.3.4 Staff Competence -- 4.3.5 Data Quality -- 5 Multilevel Framework -- 6 Interventions -- 6.1 Individual-Focused Interventions -- 6.2 Supporting People to Manage Their Mental Health Problems -- 6.3 Physical Healthcare and Treatment -- 6.4 Lifestyle Behaviour Interventions -- 6.5 Health System-Focused Interventions -- 7 Community-Level- and Policy-Focused Interventions -- 7.1 Social Support and Stigma Reduction -- 7.2 Policy-Level Interventions -- 8 A Specialist Role for APMHNS -- 9 Conclusion -- References -- Integrating Spirituality as a Dimension of Practice -- 1 Introduction --

1.1 Mike and Fran's Account -- 2 Religion, Spirituality and Culture -- 3 Spirituality, Resilience and Recovery -- 4 Spirituality and Person-Centred Care -- 5 Spirituality and Care Planning -- 6 Evidence for Integrating Spirituality -- 7 APMHN Involvement in Endorsing Spirituality -- 8 Re-engaging Communities -- 9 Philosophical Reflections -- 10 Conclusion -- References -- Diversity and Culturally Responsive Mental Health Practice -- 1 Introduction -- 2 Achieving Culturally Inclusive Practice Through Cultural Humility -- 2.1 Operationalising Cultural Humility in Mental Health Systems. 2.2 Lifelong Learning and Critical Reflection.
