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17 Medium-scale Fortification: A Sustainable Food-based Approach to Improve Diets and Raise Nutrition Levels18 Optimized Feeding Recommendations and In-home Fortification to Improve Iron Status in Infants and Young Children in the Republic of Tajikistan: A Pilot Project; 19 Towards Long-term Nutrition Security: The Role of Agriculture in Dietary Diversity; 20 Building Nutritional Self-reliance; PART III: CONTRIBUTIONS OF FAO DEPARTMENTS AND DIVISIONS; 21 Measurement of Dietary Diversity for Monitoring the Impact of Food-based Approaches
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Sommario/riassunto

Nutrition-sensitive, food-based approaches towards hunger and malnutrition are effective, sustainable and long-term solutions. This book discusses the policy, strategic, methodological, technical and programmatic issues associated with such approaches, proposes "best practices" for the design, targeting, implementation and evaluation of specific nutrition-sensitive, food-based interventions and for improved methodologies for evaluating their efficacy and cost-effectiveness, and provides practical lessons for advancing nutrition-sensitive food-based approaches for improving nutrition at polic
