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Sommario/riassunto	This book presents a profile of the majority of hot springs in and around tourist destinations in Nepal. In particular, there is a focus on Pokhara, Jumla, the world- famous Annapurna region, Ruby Valley, and Api Nampa Conservation Area. The chapter on health benefits of

mineral hot springs provides a history of hot springs supported by a literature review and case study. Further chapters explore the direct uses of geothermal energy for various purposes and power generation, together with a section on conventional hydrothermal resources. This book is of interest to the general public, students, national and international researchers, energy planners, and health professionals. The book is a valuable tool for sociologists who want to gain insight into the cultural and religious aspects of hot water mineral springs.
