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Autore	Las Heras Maestro Mireia
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Nota di contenuto	Introduction: In the pursuit of human flourishing -- PART I: NEUROSCIENCE AND HEALTH -- PART II: ORGANIZATION AND POLICIES -- PART III: CARE AND FLOURISHING -- PART IV: ARTS, FASHION AND LITERATURE -- Conclusion – What we have learnt form multidisciplinary views on Human Flourishing -- List of contributors.
Sommario/riassunto	This open access book presents a novel multidisciplinary perspective on the importance of human flourishing. The study of the good life or Eudaimonia has been a central concern at least since Aristotelian times. This responds to the common experience that we all seek happiness. Today, we are immersed in a new paradoxical boom, where the pursuit of happiness seems to permeate everything (books, media, organizations, talks), but at the same time, it is nowhere, or at least very difficult to achieve. In fact, it is not easy to even find a consensus regarding the meaning of the word happiness. Seligman (2011), one of

the fathers of the positive psychology, confirmed that his original view the meaning he referred to was close to that of Aristotle. But, he recently confessed that he now detests the word happiness, since it is overused and has become almost meaningless. The aim of this open access book is to shed new light on human flourishing through the lenses of neurosciences and health, organizations, and arts. The novelty of this book is to offer a multi-disciplinary perspective on the importance of human flourishing in our lives. The book will examine further how different initiatives, policies and practices create opportunities for generating human flourishing.
