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Titolo	The Psychology of Anger // edited by Hashim Talib Hashim, Athanasios Alexiou
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ISBN	3-031-16605-1
Edizione	[1st ed. 2022.]
Descrizione fisica	1 online resource (181 pages)
Collana	Behavioral Science and Psychology Series
Disciplina	152.47
Soggetti	Cognitive psychology Social psychology Clinical health psychology Cognitive Psychology Social Psychology Health Psychology Ira (Emoció) Llibres electrònics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Chapter 1. Introduction and Definition of Anger -- Chapter 2. The psychology of Emotions -- Chapter 3. The control center of the anger -- Chapter 4. The factors controlling the anger -- Chapter 5. Mathematical Presentation of the Anger -- Chapter 6. Social Aspects of the Anger -- Chapter 7. Applications of the Anger's law -- Chapter 8. Drama in Education and Anger -- Chapter 9. Contemporary and Integrative Holistic Approach in premenstrual Syndrome.
Sommario/riassunto	This book discusses anger in psychology, its mechanisms, predisposing factors, precipitating factors, its impacts on brain structure. Anger in psychology is considered from two perspectives – function, and its impacts on physical health. This book is compiled of cutting-edge research, presenting anger in a new, modern and educational way. It presents a mathematical expression for the law of anger, allowing us to understand anger before it truly occurs and to control the anger to prevent its occurrence. The book is highly specialized with anger and

considers various perspectives, such as race, historical origin and how these theories align with the modern psychology and neurosciences.

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