

1. Record Nr.	UNINA9910619471603321
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Titolo	Update on Nutrition and Food Allergy
Pubbl/distr/stampa	MDPI - Multidisciplinary Digital Publishing Institute, 2022
ISBN	3-0365-5348-7
Descrizione fisica	1 online resource (202 p.)
Soggetti	Chemistry Research & information: general
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	This book describes the causes, diagnosis, and effects of food allergy. It goes deeper into the molecular and cellular mechanisms of food allergy and, in particular, into effects of the processing of certain nutrients, e.g., cow's milk on the allergenicity of proteins. The book also focuses on new nutrients, e.g., seaweed, and possible effects on allergy and inflammation.