1. Record Nr. UNINA9910619464103321 Autore Jaggers Jason R Titolo Diabetes in Sports and Exercise Medicine MDPI - Multidisciplinary Digital Publishing Institute, 2022 Pubbl/distr/stampa **ISBN** 3-0365-5382-7 Descrizione fisica 1 electronic resource (144 p.) Soggetti Medicine Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia This reprint focuses on exercise and physical activity research among Sommario/riassunto people living with diabetes and covers a broad overview of exerciserelated topics. These range from short-term effects of exercise and using daily activity measurements as vital signs in diabetes care centers to the health and fitness benefits of resistance and aerobic exercise training of all kinds, exercise prescription as a form of complementary medicine, as well as the challenges faced by children and/or adults regarding exercise programming at the community level. The goal was

diabetes mellitus across all life spans.

to cover a broad range of diabetes research, including all forms of