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The volume presents the most important and practical information to prescribe lithium, valproate, carbamazepine and other anticonvulsants in psychiatric practice safely and successfully. The information is ready to use and easy to remember and is focused primarily on clinically relevant issues such as preliminary laboratory evaluations, drug dosages, schedules, indications, contraindications, side effects and strategies to manage them. Clinical cases and clinical pearls are provided for each medication. The volume outlines the best strategies to choose psychotropic medications skillfully. The book will be an invaluable reference for psychiatric residents and any other health care practitioner seeking for a tool that is simple, concise and immediately useful for everyday clinical practice.
