

1. Record Nr.	UNINA9910596926403321
Titolo	Cancer prevention : is exercise or healthy body weight more important? // presented by I-Min Lee, Kristen Campbell, and Lisa H. Colbert
Pubbl/distr/stampa	Monterey, CA : , : Healthy Learning, , 2014
Descrizione fisica	1 online resource (110 minutes)
Collana	Academic Video Online
Soggetti	Cancer - Exercise therapy Cancer - Prevention Obesity - Complications Educational films. Lectures. Nonfiction films.
Lingua di pubblicazione	Inglese
Formato	Videoregistrazione
Livello bibliografico	Monografia
Note generali	Title from resource description page (viewed August 25, 2017).
Sommario/riassunto	Featuring three renowned health/wellness professionals, Cancer Prevention: Is Exercise or Healthy Body Weight More Important? presents an overview of the impact of a physically active lifestyle, an appropriate body weight, and/or the interaction between the two factors on the prevention of cancer. The video offers almost two hours of information, ideas, and insights, including data from several relevant studies involving both animal models and human models, on cancer prevention.