

1. Record Nr.	UNINA9910467224003321
Autore	Isaacs Nigel
Titolo	Enthalpy, moisture and ventilation issues in buildings // guest editors: Nigel Isaacs, Steve McNeil and William Rose
Pubbl/distr/stampa	[Place of publication not identified] : , : Emerald Publishing, , [2019]
ISBN	1-83909-270-X
Descrizione fisica	1 online resource (128 pages)
Collana	International Journal of Building Pathology and Adaptation ; ; Volume 37, Number 4
Disciplina	697.92
Soggetti	Ventilation Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia

2. Record Nr.	UNINA9910595080803321
Autore	Mitrou Panagiota
Titolo	Dietary Habits, Beneficial Exercise and Chronic Diseases : Latest Advances and Prospects
Pubbl/distr/stampa	Basel, : MDPI Books, 2022
Descrizione fisica	1 electronic resource (364 p.)
Soggetti	Research & information: general Biology, life sciences Food & society
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>Several lines of evidence indicate that healthy diet and exercise can prevent cardiovascular diseases, stroke, diabetes, and some types of cancer such as colon cancer, and smoking-related cancers. Dietary patterns defined as the quantities, proportions, variety, or combination of different foods and drinks, and the frequency with which they are habitually consumed are also associated with an increased or decreased incidence of chronic diseases. Lately, an association has been found between eating habits, exercise, and psychological and/or mental disorders. This Special Issue of Nutrients, entitled "Dietary Habits, Beneficial Exercise, and Chronic Diseases: Latest Advances and Prospects", contains 20 manuscripts, either describing original research or reviewing the scientific literature, focused on the relationship between dietary habits (macronutrients, micronutrients, etc.) and/or exercise with metabolic, cardiovascular, neurological, mental, rheumatic, inflammatory, gastrointestinal, odontostomatological, and other chronic diseases.</p>