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Nota di contenuto	Part I. The Experience of Eco-Anxiety -- Chapter 1. Not to Be Unworthy of the Event: Thinking through Pandemics with Merleau-Ponty and Deleuze -- Chapter 2. We Breathe, Therefore We Are: The Gasp of Life -- Chapter 3. Atmospheres of Anxiety: Doing Nothing in an Ecological Emergency -- Chapter 4. Anxiety and the Re-Figuration of Human Action: Living in a Crisis-Shaped Present -- Chapter 5. Authentic Compassion in the Wake of Coronavirus: A Nietzschean Climate Ethics -- Part II. Beyond Birth, Existence, and Environment -- Chapter 6. Birth Strike: Holding the Tension between Existence and Non-Existence -- Chapter 7. Stillbirth Grief, Eco-Grief & Corona Grief: Reflections on Denialism -- Chapter 8. Saving the Other, Saving the Self: Exploring Children's and Young People's Feelings about the Coronavirus, Climate, and Biodiversity Crises -- Chapter 9. Participating in the Wound of the World: A Matrixial Rethinking of Eco-Anxiety -- Chapter 10. From Oppression to Love as Mother Earth Joins the Time's Upand #MeToo

Movements -- Part III. Eco-Poetry and Creative Writing -- Chapter 11. Ecoprogamming the Vulnerable Bodies -- Chapter 12. Anxiety in Isolation: Anointing with Ecocentrism -- Chapter 13. "Narrative Medicine" in the Age of COVID-19: The Power of Creative Writing to Reimagine Environmental Crisis -- Chapter 14. Solastalgia and Soul Suffrage: A Narrative Eco-Poem.

Sommario/riassunto

This timely volume examines the conflict between human individual life and larger forces that are not controllable. Drawing on recent literature in phenomenological and existential psychology it calls for a more nuanced understanding of the human predicament. Focusing on the co-occurring crises of climate change and the COVID-19 epidemic, it explores the nature of widespread anxiety and the long-term human consequences. It calls for an expansion of current research that would include the arts and humanities for critical insights into how this essential conflict between humanity and nature may be reconciled.