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Sommario/riassunto	<p>This toolkit, created jointly by the World Health Organization (WHO) and UNICEF, focuses on promoting and protecting adolescent mental health while reducing self-harm and other risk behaviors. Designed as a guide for developing evidence-based strategies, it emphasizes a socio-ecological model targeting individual, familial, community, and societal factors. It prioritizes equitable, inclusive, gender-sensitive, and developmentally appropriate approaches involving adolescents and caregivers in the design, implementation, and evaluation of mental health programs. The toolkit aligns with global initiatives like the WHO's Global Mental Health Action Plan and the Accelerated Action for Adolescent Health (AA-HA!). It aims to create supportive environments for adolescent well-being and long-term development. The intended audience includes policymakers, healthcare professionals, educators, and organizations working in adolescent health and development.</p>