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Nota di contenuto	1 Teaching human flourishing: A philosophical grounding 2 Teacher education: Evidence-based wellbeing and character framework for learning 3 Teachers of wellbeing 4 School culture and context for wellbeing education 5 A review of theoretical models of wellbeing in education 6 Teaching and character education 7 Case studies of wellbeing education and whole school improvement 8 Evidence- based strategies for wellbeing, professional practice and academic growth 9 Wellbeing education and leadership 10 Wellbeing education and the 22nd century.
Sommario/riassunto	This book focuses on evidence-based approaches to teaching from a wellbeing lens. It addresses significant issues in wellbeing education in initial teacher education, teacher, and leaders' wellbeing during, schooling disruption and in teaching more broadly through innovative

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multi-disciplinary research. This book addresses how to lead wellbeing within schools, and showcases a unique strategy adopted by an Australian university to integrate a wellbeing framework throughout initial teacher education preparation. It explores different evidencebased models of wellbeing education and focuses on the significance of culture and context. Readers can learn how teachers can integrate evidence-based wellbeing approaches to transform their professional practice and promote student flourishing and academic growth.