1. Record Nr. UNINA9910588778903321 Autore Arizaga Mara Lisa Titolo When Tibetan Meditation Goes Global: A Study of the Adaptation of Bon Religious Practices in the West / / Mara Lisa Arizaga Pubbl/distr/stampa Berlin/Boston,: De Gruyter, 2022 Berlin; ; Boston:,: De Gruyter,, [2022] ©2022 **ISBN** 3-11-075887-3 Descrizione fisica 1 online resource (XVIII, 264 p.) Collana Welten Süd- und Zentralasiens / Worlds of South and Inner Asia / Mondes de l'Asie du Sud et de l'Asie Centrale : Im Auftrag der Schweizerischen Asiengesellschaft / On behalf of the Swiss Asia Society / Au nom de la Société Suisse-Asie , , 1661-755X ; ; 11 Disciplina 299.54 Soggetti Bon (Tibetan religion) - History Bon (Tibetan religion) RELIGION / Buddhism / Tibetan Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Frontmatter -- Foreword -- Contents -- List of Figures -- Note on Nota di contenuto Tibetan Language Terms -- Glossary of Key Terms -- 1 Introduction --Part I: Contextualizing a Study of Bon in the West -- 2 Religion and Globalization: Impacts on Religion and Individual Practice -- 3 The Bon Religion: Contested Assertions -- 4 Tibetan Buddhism in the West --Part II: The Emergence of a Global Bon -- 5 Bon Comes to the West -- 6 Shenten Dargye Ling -- 7 Ligmincha International -- Part III: Western Bonpos -- 8 Where Did We Come From? -- 9 Becoming a Bonpo -- 10 Bon in Practice -- 11 Where Are We Going? -- 12 Implications of a Globalized Bon -- 13 Conclusion -- Appendices -- Appendix A --Appendix B -- References -- Index This book provides an in-depth examination of the Yungdrung Bon Sommario/riassunto religion in light of globalization. In its global dimension, Bon has been attracting a growing number of Westerners, particularly to its Dzogchen teachings and meditation practices. In this expansion, Bon operates in

a dynamic context where forces that create changes in the tradition

coexist, sometimes in tension and sometimes in tandem, with other forces that aim to preserve it. In tracing the process through which Bon has become a global religion, this monograph narrates the story of the principal figures who initially facilitated this transmission, following their journey from Tibet to India and Nepal. The narrative then moves to explore the dynamics taking place in the transmission and reception of Yungdrung Bon in Western countries, opening up a new viewpoint on the expansion of Tibetan religious traditions into the West and painting a comprehensive picture of the modern history of the Yungdrung Bon religion as narrated by its participants. In so doing, it makes an invaluable contribution to the study of Tibetan traditions in the West as well as to the wider history of religions, social anthropology, psychology, and conversion studies.