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| 1. Record Nr.           | UNINA9910586686903321   |
| Titolo                  | Occupational wellbeing // edited by Kavitha Palaniappan, Pamela McCauley  |
| Pubbl/distr/stampa      | London, England : , : IntechOpen, , [2021]<br>©2021   |
| ISBN                    | 1-83962-339-X   |
| Descrizione fisica      | 1 online resource (220 pages) : illustrations   |
| Disciplina              | 613.62  |
| Soggetti                | Industrial hygiene  |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Nota di bibliografia    | Includes bibliographical references.  |
| 2. Record Nr.           | UNINA9910164084403321   |
| Autore                  | Block Joel <1961->  |
| Titolo                  | Staying Up  |
| Pubbl/distr/stampa      | Pop Psych Literary  |
| ISBN                    | 1-61750-452-1   |
| Soggetti                | Male reproductive health<br>Sexual health   |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Sommario/riassunto      | Erectile dysfunction, or ED as it is frequently called, is a problem many men face. As men grow older there is a corresponding decline in their |

ability to obtain and maintain an erection. Erectile dysfunction is also common following the onset of some illnesses and treatment for them such as prostate cancer. While ED can affect a large number of men the good news is that there are steps men can take to minimize this problem and in some cases completely overcome it. The first step is to understand normal sexual function and to then see how age, medication, or medical treatment can lead to ED. The second step involves participating in "erection fitness training" or EFT. Psychologists Dr. Joel Block and Dr. Harold Dawley provide a simple to follow guide for men concerned with maintaining good sexual functioning.

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