

1. Record Nr.	UNINA9910586568103321
Autore	Sitnik-Warchulska Katarzyna
Titolo	E-attachment and Online Communication : the changing context of the clinical diagnosis and psychological treatment // Katarzyna Sitnik-Warchulska, Bernadetta Izydorczyk, Zbigniew Wajda
Pubbl/distr/stampa	Abingdon, Oxon : , : Taylor & Francis, , 2023
Descrizione fisica	1 online resource (147 pages) : illustrations
Collana	Explorations in mental health series
Disciplina	616.8
Soggetti	Psychotherapist and patient Attachment disorder
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Human development changes in modern world Contemporary forms of establishing attachment Attachment, relationships and new technologies from neuroscience perspective Attachment based on new technologies and mental health Contemporary trends in psychological diagnosis and assessment (online psychological diagnosis and therapy) Psychologist dilemmas and challenges in the face of new technologies. Reflections and case studies.
Sommario/riassunto	"This book examines the use of modern technologies in clinical psychological practice. It considers how we define attachment in an age where changes in technology and the COVID-19 pandemic have increased the prevalence of online contact in the process of diagnosis and psychological treatment. Based on an attachment paradigm that is relatively unexplored, the book outlines how modern online contact influences mental health and development, along with the therapeutic relationship between client and professional. It discusses people's relationships with new technologies, how relationships can be established using these technologies, and how these technologies affect professional relationships between psychologists and their clients, which they define as e-attachment. In the context of new technologies, the book draws on neurobiology and clinical psychology to consider mental health, social functioning, and emotional regulation. Presenting both theory and examples from case studies, this cutting-

edge book will be of great interest to researchers, academics, and post-graduate students in the fields of clinical psychology, psychotherapy, and mental health. Those also carrying out research into digital and online learning within the field of mental health will also benefit from this text".

---