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Titolo	Applied Psychology Readings : Selected Papers from the Singapore Conference on Applied Psychology 2021 / / edited by Thomas Hunt, Lee Ming Tan
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ISBN	981-19-5086-5
Edizione	[1st ed. 2022.]
Descrizione fisica	1 online resource (187 pages)
Disciplina	150
Soggetti	Psychology - Methodology Social psychology Clinical psychology Personality Difference (Psychology) Community psychology Psychological Methods Social Psychology Clinical Psychology Personality and Differential Psychology Community Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Psychological well-being of international students aged 15-17 -- Building Coherence and Increasing Emotion Regulation Flexibility Towards Resilience: An Experimental Study in Singapore -- The Effect of Fast Loans on Financial resilience-building Behaviors and Mental Well-being -- Motivation and Cognitive-Behavioral Factors in Problematic Online Gaming -- Integrating Mental Health Services in Existing Healthcare System in Pakistan: A Public Mental Health Approach -- Psychological Effects of Facial Exercises -- Indonesian Primary School Teachers' Perceptions of Student Misbehavior -- Empowering Millennials Working in Small and Medium Enterprises (SMEs)' Affective Wellbeing: Role of Volition, Justice and Meaning at

Work.

#### Sommario/riassunto

This book is a compilation of the best papers presented at the 2021 edition of the Singapore Conference of Applied Psychology (SCAP) organised and facilitated by East Asia Research in Singapore. The selection of papers addresses the latest innovations, trends, concerns and practical challenges encountered in the field, and poses practical solutions within the field of applied psychology. The theme for 2021 is psychological well-being, and so the collection covers aspects of clinical and non-clinical psychological well-being in different arenas, from education to the workplace. Following a rigorous peer-review process led by the School of Psychology at the University of Derby, this collection is a valuable resource for academics, researchers and practitioners looking to keep themselves up-to-date with recent research in the field. The book is of interest to educators and practitioners in applied psychology focused on well-being. .