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Nota di contenuto	1. Introduction / Susan Hallam, Evangelos Himonides -- 2. Music and Neuroscience / Susan Hallam, Evangelos Himonides -- 3. Aural Perception and Language Skills / Susan Hallam, Evangelos Himonides -- 4. Literacy and Related Language Skills / Susan Hallam, Evangelos Himonides -- 5. Music, Spatial Reasoning and Mathematical Performance / Susan Hallam, Evangelos Himonides -- 6. The Impact of Musical Engagement on Memory / Susan Hallam, Evangelos Himonides -- 7. Executive Functioning and Self-Regulation / Susan Hallam, Evangelos Himonides -- 8. Intellectual Development / Susan Hallam, Evangelos Himonides -- 9. Musicians and Creativity / Evangelos Himonides, Susan Hallam -- 10. General Attainment / Susan Hallam, Evangelos Himonides -- 11. Music and Studying / Susan Hallam, Evangelos Himonides -- 12. Re-Engagement and Motivation / Susan Hallam, Evangelos Himonides -- 13. Personal, Social and Physical Development / Susan Hallam, Evangelos Himonides -- 14. Psychological Wellbeing / Susan Hallam, Evangelos Himonides -- 15. Music and Physical and Mental Health / Susan Hallam, Evangelos Himonides -- 16. Music, Inclusion and Social Cohesion / Susan Hallam, Evangelos Himonides -- 17. Music in Everyday Life / Susan Hallam, Evangelos Himonides.
Sommario/riassunto	"Building on her earlier work, 'The Power of Music: A Research Synthesis of the Impact of Actively Making Music on the Intellectual, Social and Personal Development of Children and Young People', this volume by

Susan Hallam and Evangelos Himonides is an important new resource in the field of music education, practice, and psychology. A well-signposted text with helpful subheadings, 'The Power of Music: An Exploration of the Evidence' gathers and synthesises research in neuroscience, psychology, and education to develop our understanding of the effects of listening to and actively making music. Its chapters address music's relationship with literacy and numeracy, transferable skills, its impact on social cohesion and personal wellbeing, as well as the roles that music plays in our everyday lives. Considering evidence from large population samples to individual case studies and across age groups, the authors also pose important methodological questions to the research community. 'The Power of Music' defends qualitative research against a requirement for randomised control trials that can obscure the diverse and often fraught contexts in which people of all ages and backgrounds are exposed to, and engage with, music. This magnificent and comprehensive volume allows the evidence about the power of music to speak for itself, thus providing an essential directory for those researching music education and its social, personal, and cognitive impact across human ages and experiences."

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