

1. Record Nr.	UNINA9910583347703321
Titolo	Shoulder and elbow injuries in athletes : prevention, treatment, and return to sport // [edited by] Robert A. Arciero, Frank A. Cordasco, Matthew T. Provencher
Pubbl/distr/stampa	Philadelphia, Pennsylvania : , : Elsevier, , 2018 ©2018
ISBN	0-323-51212-7 0-323-51054-X
Descrizione fisica	1 online resource (xx, 523 pages) : illustrations (chiefly colour)
Disciplina	617.57044
Soggetti	Shoulder joint - Wounds and injuries Elbow - Wounds and injuries Sports injuries - Treatment Athletic Injuries Shoulder Injuries Return to Sport
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Anterior shoulder instability -- Posterior shoulder instability -- Multidirectional shoulder instability -- Shoulder instability rehabilitation and return to sport -- Overview -- Rotator cuff contusion -- Full thickness posterior rotator cuff tear -- Isolated subscapularis tendon tear -- Revision repair -- Rotator cuff physical therapy, rehabilitation and return to sport -- Acromioclavicular joint anatomy -- Surgical treatment -- Overview -- Surgical treatment options : mid-shaft fracture -- Treatment options : distal clavicle fractures -- Overview -- Treatment -- Overview -- Treatment -- Overview -- Treatment -- Epidemiology, mechanism of injury, history and physical examination, imaging, workup, and indications for surgery -- Surgical management of capsulolabral and rotator cuff injuries in throwing athletes -- Throwing programs and return to sport -- Prevention in youth sports (early sports specialization) : injuries of the throwing shoulder -- Medial : ulnar collateral ligament injury -- Lateral :

posterolateral rotary instability -- Medial : flexor-pronator tendon injury -- Lateral : extensor carpi radialis brevis tendon injury -- Distal biceps tendon injury -- Triceps tendon injury -- Osteochondritis dissecans of the capitellum -- Olecranon stress fractures.

Sommario/riassunto

"Thorough and concise, this practical reference provides a unique, on-field management approach to all athletic injuries to the shoulder and elbow, as well as nonoperative and operative treatment options, including arthroscopy and open surgery. Focusing on high-performance athletes, leading authorities in the field demonstrate how to provide pain relief, restore function, and return the athlete to sport and to prior level of performance in a safe and timely fashion"-- Publisher's description.
