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| Titolo | Reconstructing meaning after trauma : theory, research, and practice / / edited by Elizabeth M. Altmaier |
| Pubbl/distr/stampa | Amsterdam, [Netherlands] : , : Academic Press, , 2017 ©2017 |
| Descrizione fisica | 1 online resource (216 pages) : illustrations (some color) |
| Disciplina | 616.8521 |
| Soggetti | Post-traumatic stress disorder Psychic trauma Mind and body |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Nota di bibliografia | Includes bibliographical references at the end of each chapters and index. |
| Sommario/riassunto | "Reconstructing Meaning After Trauma: Theory, Research, and Practice informs actual therapeutic work with clients who present with traumas or other life disruptions by providing clinicians with information on the construction of meaning. It includes material on diverse mechanisms of clinical change and positive-promoting processes. The book covers identifiable treatments and specific lines of research in assisting clients in developing new meaning, such as posttraumatic growth (after sexual assault, diagnosis, and treatment of cancer, destructive natural phenomena, such as hurricanes, and refugee experiences), and finding benefit (in the context of loss--loss of health, or loss of a loved one)." -- |