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Titolo	Children's active transportation // edited by Richard Larouche
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ISBN	0-12-811932-2 0-12-811931-4
Descrizione fisica	1 online resource (308 pages)
Disciplina	613.7042
Soggetti	Exercise for children
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Public health benefits of active transportation -- Environmental benefits of active transportation -- Economic benefits of active transportation -- Last child walking? Prevalence and trends in active transportation -- Children's independent mobility -- An ecological model of active transportation -- Individual correlates of active transportation -- Interpersonal correlates of active transportation -- Community factors related to active transportation -- Built and physical environment correlates of active transportation -- Public policy and active transportation -- Prevalence and correlates of active transportation in developing countries -- Safe routes to school (SRTS) -- School travel plans -- Walking school buses and bicycle trains -- Taming traffic to encourage children's active transportation -- Active transportation: is the school hiding the forest? -- Conclusion.
Sommario/riassunto	Children's Active Transportation is a rigorous and comprehensive examination of the current research and interventions on active transportation for children and youth. As the travel behaviors of these groups tend to be highly routinized, and their mobility faces unique constraints, such as parental restrictions, mandatory school attendance, and the inability to drive a motor vehicle before late adolescence, this book examines the key factors that influence travel behavior among children and youth, providing key insights into lessons learned from current interventions. Readers will find a resource that

clearly demonstrates how critical it is for children to develop strong, active transportation habits that carry into adulthood. Discusses the correlates that exist between children's active transportation using a social and ecological model Summarizes active transportation interventions that show what works to increase non-motorized modes of travel in children Describes the factors that influence the implementation and effectiveness of interventions.
