

1. Record Nr.	UNINA9910583005703321
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Titolo	The Clinician's Guide to Cognitive-Behavioral Therapy for Childhood Obsessive-Compulsive Disorder
Pubbl/distr/stampa	San Diego : , : Elsevier Science & Technology, , 2017 ©2018
ISBN	9780128114285 0128114282
Descrizione fisica	1 online resource (384 pages)
Altri autori (Persone)	McGuireJoseph F McKayDean
Disciplina	618.92/891425 618.928522706
Soggetti	Cognitive therapy Obsessive-compulsive disorder in children Obsessive-Compulsive Disorder Cognitive Behavioral Therapy Child Adolescent
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Introduction / Eric A. Storch, Joseph F. McGuire, and Dean McKay -- Diagnosing childhood OCD / Ella L. Oar, Carly Johnco, and Cynthia M. Turner -- Psychoeducation for children, parents, and family members about obsessive-compulsive disorder and cognitive behavioral therapy / Gudmundur Skarphedinsson and Bernhard Weidle -- Assessment of children with OCD / Michelle Rozenman and R. Lindsey Bergman -- Developing exposure hierarchies / Dean McKay -- Developing and implementing exposure treatment in youth obsessive-compulsive symptoms / Dean McKay -- Modifying cognitions in the treatment of OCD in young people / Tim I. Williams -- Involving family members of children with OCD in CBT / Allison Vreeland and Tara S. Peris -- Medication management of childhood OCD / Tord Ivarsson, Gudmundur Skarphedinsson, and Bernhard Weidle -- Relapse

prevention strategies for young people with OCD (after CBT) / Georgina Krebs and Angela Lewis -- Addressing common myths and mistaken beliefs in the treatment of youth with OCD / Shannon M. Blakey, Benjamin E. Thomas, and Nicholas R. Farrell -- OCD in school settings / Michael L. Sulkowski, Cary Jordan, Stacey Rice Dobrinsky, and Rachel E. Mathews -- Addressing family accommodation in childhood obsessive-compulsive disorder / Eli R. Lebowitz -- Working with challenging young people and families / Amita Jassi and Georgina Krebs -- Working with young children with OCD / Jenny Herren and Joseph Berryhill -- Strategies to manage common co-occurring psychiatric conditions / Yolanda E. Murphy, Elle Brennan, Sarah Francazio, and Christopher A. Flessner -- Managing a child with OCD who is treatment refractory / Michael H. Bloch.

Sommario/riassunto

The Clinician's Guide to Cognitive-Behavioral Therapy for Childhood Obsessive-Compulsive Disorder brings together a wealth of experts on pediatric and adolescent OCD, providing novel cognitive behavioral strategies and considerations that therapists can immediately put into practice. The book provides case studies and example metaphors on how to explain exposure models to children in a developmentally appropriate manner. The book also instructs clinicians on how to use symptom information and rating scales to develop an appropriate exposure hierarchy. The book is arranged into two major sections: assessment and treatment of childhood OCD and special considerations in treating childhood OCD. Each chapter is structured to include relevant background and empirical support for the topic at hand, practical discussion of the nature and implementation of the core component (such as exposure and response prevention, cognitive therapy, psychoeducation and more), and a case illustration that highlights the use of a particular technique. - Provides the strong theoretical foundation required to successfully implement treatment- Highlights the use of particular intervention techniques through case studies- Provides CBT strategies for anxiety, tic disorders, trichotillomania, ADHD and disruptive behaviors- Includes strategies for treatment of patients who are initially non-responsive to CBT- Encourages individualization of evidence-based and clinically-informed principles for each patient- Reviews what to do if/when OCD remits and/or returns- Provides details on differentiation OCD symptoms from anxiety and other psychopathology
