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Nota di contenuto

Chapter 1: Foundations of critical aspects of food and nutrition studies
-- Chapter 2: Critical perspectives in clinical practice of nutrition and dietetics -- Chapter 3: Community nutrition and dietetics practices and food democracy -- Chapter 4: Policy and practice: what does this gap look like using a critical nutrition and dietetics lens? -- Chapter 5: Training and educating a critical nutrition and dietetic workforce: new perspectives -- Chapter 6: Why is a critically reflexive practice critical to nutrition and dietetics? -- Chapter 7: Swimming against the tide: 12 ways of bringing critical nutrition and dietetics into conventional practices -- Chapter 8: Critical nutrition and dietetics in industry, private practice and consultancy: the importance of ethics -- Chapter 9: World economic crisis: food, hunger and health disparities -- Chapter 10: Dietitian as Advocate and Activist: Our Past, Present, and Future Possibilities -- Chapter 11: Toward critical nutrition counselling practice and pedagogy -- Conclusion.

Sommario/riassunto

This second volume in the Food Policy series focuses on critical nutrition and dietetics studies, offering an innovative and interdisciplinary exploration of the complexities of the food supply and the actors in it through a new critical lens. The volume provides an overview of the growth of critical nutrition and dietetics since its inception in 2009, as well as commentary on its continuing relevance and its applicability in the fields of dietetic education, research, and practice. Chapters address key topics such as how to bring critical dietetics into conventional practice, applying critical diets in clinical practice, policy applications, and new perspectives on training and educating a critical nutrition and dietetic workforce. Contributing authors from around the globe also discuss the role of critical nutrition dietetics in industry, private practice, and consultancy, as well the role of critical dietetics in addressing the food, hunger, and health issues associated with the world economic crisis. The authors designed the volume to be a reference work for students enrolled in undergraduate and postgraduate courses in Critical Nutrition, Critical Food Studies, and Critical Dietetics. Each chapter offers concise aims and learning outcomes, as well as assignments for students and a concise chapter summary. These features enhance the value of the volume as a learning tool. .