

1. Record Nr.	UNINA9910580294003321
Titolo	Longer-term psychiatric inpatient care for adolescents : a multidisciplinary treatment approach // Philip Hazell, editor
Pubbl/distr/stampa	Singapore, : Springer Nature, 2022 Singapore : , : Palgrave Macmillan US, , 2022 ©2022
ISBN	981-19-1950-X 9789811919503
Descrizione fisica	1 online resource
Disciplina	616.89140835
Soggetti	Adolescent psychotherapy - Residential treatment Adolescent psychiatry Psychiatric hospital care Adolescent psychotherapy - Residential treatment - Australia - Sydney (N.S.W.)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	1. Introduction -- 2. The Physical Environment -- 3. The Milieu -- 4. Admission and Discharge Planning -- 5. Formulation and Case Review -- 6. Nursing Care -- 7. Learning Centre and School Reintegration -- 8. Family Therapy -- 9. Group Therapies. 10. Individual Psychotherapy -- 11. Art Therapy -- 12. Music Therapy -- 13. Occupational Therapy -- 14. Speech and Language Therapy -- 15. Food and Eating -- 16. Physical Wellbeing -- 17. The Pharmacist and Pharmacotherapy -- 18. The Policy Context and Governance -- 19. Training and Education -- 20. Postscript: Responding to the Covid-19 Pandemic.
Sommario/riassunto	This open access book describes the theoretical underpinnings and operational aspects of delivering longer-term inpatient psychiatric care to adolescents experiencing severe, unremitting mental illness. The authorship is drawn from the multidisciplinary team that supports the Walker Adolescent Unit, located in Sydney, Australia. The book begins with an account of the planning and development of the unit, an examination of the physical environment, and the adaptations that have

been made to ensure its functionality. There follows a consideration of the therapeutic milieu. The book describes clinical processes such as admission and discharge planning, formulation and case review. There is information about the specific roles of professionals and the therapies that they provide. The book describes the steps taken to maintain and enhance the physical wellbeing of patients. There are chapters dedicated to governance, and to training and education. The final chapter describes how the unit responded to challenges created by the COVID-19 pandemic. Philip Hazell is Conjoint Professor of Child and Adolescent Psychiatry with The University of Sydney and a consultant psychiatrist with the Sydney Local Health District. In former roles as director of child and adolescent mental health services he was responsible for the commissioning of two psychiatric inpatient units for adolescents.
