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Autore	Walitzer Kimberly
Titolo	Anger management based alcohol treatment : integrated therapy for anger and alcohol use disorder / / Kimberly Walitzer, Jerry Deffenbacher, Molly Rath
Pubbl/distr/stampa	Cambridge, MA : , : Academic Press, is an imprint of Elsevier, , [2019] ©2019
ISBN	0-12-812710-4
Edizione	[First edition.]
Descrizione fisica	1 online resource (310 pages)
Disciplina	616.86106
Soggetti	Alcoholism - Treatment Anger - Treatment Relaxation - Therapeutic use
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Section 1: Basis for Anger Management-based Alcohol Treatment -- 1. Introduction -- 2. Brief Overview of Alcohol Use Disorder -- 3. Overview of Anger-related Emotions -- 4. The Anger-Alcohol Connection -- Section 2: Assessment and Preparation -- 5. Assessment Instruments and Considerations -- 6. Preparation for Anger Management-based Alcohol Treatment -- Section 3: Anger Management-based Alcohol Treatment Techniques -- 7. Self-Monitoring and Self-Awareness -- 8. Sobriety Skills -- 9. Relaxation Coping Skills -- 10. Cognitive Coping Skills -- 11. Coping Skills Rehearsal -- 12. Relapse Prevention -- 13. Putting It All Together -- Section 4: Other Topics and Issues -- 14. Client Diversity -- 15. Broader Implications and Final Thoughts -- Appendix I: Assessment interviews and questionnaires -- Appendix II: Client handouts and worksheets.

2. Record Nr.	UNINA9910580205703321
Autore	Rahman Azizur
Titolo	Collagen from Marine Biological Source and Medical Applications
Pubbl/distr/stampa	Basel, : MDPI - Multidisciplinary Digital Publishing Institute, 2022
Descrizione fisica	1 online resource (304 p.)
Soggetti	Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
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Sommario/riassunto	<p>Collagen is the main fibrous structural protein in the extracellular matrix and connective tissue of animals. It is a primary building block of bones, tendons, skin, hair, cartilage, and all joints in the body. It is also considered a "glue" that holds the body together. Collagen production begins to slow down, and cell structures start losing their strength as we become older. Collagen supplementation is a vital way to help our body revive itself and stay youthful. Recently, collagen-based biomedical materials have developed important and clinically effective materials that have become widely acceptable. However, collagen extraction from land animal sources is complex, time consuming, and expensive. Hence, marine sources have started to be researched and have been found to be the most convenient and safest sources for obtaining collagen. Another reason for favouring these sources is due to concerns over adverse inflammatory and immunologic responses and the prevalence of various diseases among land animals that can cause health complications. Marine sources also have plenty of advantages over land animal sources: (1) a high collagen content; (2) environmentally friendly; (3) the presence of biological contaminants and toxins is almost negligible; (4) a low inflammatory response; (5) greater absorption due to their low molecular weight; (6) less significant religious and ethical constraints; (7) minor regulatory and quality control problems; (8) metabolic compatibility, among others. This huge source of marine collagen is expected to make a great</p>

contribution to marine biotechnology products and medical applications.
