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Nota di contenuto	Chapter 1. Introduction -- Chapter 2. The Explanatory Gap -- Chapter 3. The Hard and The Easy Problems Of Consciousness -- Chapter 4. (Un)consciousness and (Ir)rationality In Psychology -- Chapter 5. The Brain and The Mind-Body-Self -- Chapter 6. 21st Century Biological Naturalism: The Body-Map-Based View and the Affect-Centric View.
Sommario/riassunto	This book offers a new theoretical framework within which to understand “the mind-body problem”. The crux of this problem is phenomenal experience, which Thomas Nagel famously described as “what it is like” to be a certain living creature. David Chalmers refers to the problem of “what-it-is-like” as “the hard problem” of consciousness and claims that this problem is so “hard” that investigators have either just ignored the issue completely, investigated a similar (but distinct) problem, or claimed that there is literally nothing to investigate – that phenomenal experience is illusory. This book contends that phenomenal experience is both very real and very important. Two specific “biological naturalist” views are considered in depth. One of these two views, in particular, seems to be free from problems; adopting something along the lines of this view might finally

allow us to make sense of the mind-body problem. An essential read for anyone who believes that no satisfactory solution to “the mind-body problem” has yet been discovered.
