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Titolo	The future of workplace fear : how human reflex stands in the way of digital transformation // Steve Prentice
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Nota di contenuto	Chapter 1. The Fear Lies Deep Chapter 2. Digital Transformation is Here Chapter 3. Fear as a Life Force Chapter 4. The Fear of Change Chapter 5. The Fear of the Unknown Chapter 6. The Fear of Losing Your Job Chapter 7. The Fear of Looking Stupid Chapter 8. The Fear of Being Losing Control Chapter 9. The Fear of the Known Chapter 10. The Fear of Communicating Chapter 11. The Fear of Losing the Business Chapter 12. The Fear of Missing Out Chapter 13. The Fear of Keeping Your Job Chapter 14. Turning Things Around Chapter 15. Is This the Day I Get Fired? Chapter 16. The Digital Transformation of People Postscript: Two Apologies
Sommario/riassunto	People who discuss digital transformation often focus on new technology with a presumption that the working population will embrace it enthusiastically. But human beings are still instinctively dominated by fear, a single complicating reflex which will always be the default response. Workplace fear comes in many forms, including the fear of change, the fear of looking stupid, and the fear of working relationships, and in all cases these fears have deep roots that extend far below having to learn a new technology. It's about the fear of losing a job, a livelihood, and an identity. The results of such fear can have enormous repercussions on an organization, including increased vulnerability to ransomware and cyberattack, increased employee turnover, loss of competitiveness, loss of market share, resistance,

sabotage, discrimination, and litigation. Steve Prentice is an expert in the relationship between people, technology, and change. This book will demonstrate to managers and employees alike the various types of fear that can occur in the workplace in the context of digital transformation, how these fears can impact productivity, team dynamics, and corporate health, and most importantly, how to overcome them. Using case studies of digital transformation successes and failures, Steve describes:

- How fear grows in the body and mind
- How fear radiates and spreads through groups and teams
- How fear interacts with technology, change, and digital transformation
- How ignoring or suppressing fear leads to tangible risks to an organization's future
- How to address and manage fear individually and as a group
- How the demands of modern employees have changed
- How managers can prepare themselves for the new normal

Who This Book Is For
Managers who wish to look under the hood and understand how people respond to the changes in their immediate world, and why most of those responses are negative. It will also be an uplifting read for individual employees who seek to understand why they, or their colleagues or managers, generally respond negatively to changes, or who struggle with conflict and relationships in the workplace and how to create an action plan to improve the situation.
