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Titolo	Field-based Tests for Soccer Players : Methodological Concerns and Applications // by Filipe Manuel Clemente, Rafael Oliveira, Rui Silva, Zeki Akyildiz, Halil Ibrahim Ceylan, Javier Raya González, Francisco Tomás González Fernández, Rui Araújo, Hugo Sarmento, Ricardo Lima, Bruno Silva, Sérgio Matos, Yung-Sheng Chen, José Afonso
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Nota di contenuto	Chapter 1. Introduction: Rationale for understanding accuracy, precision, and repeatability levels of field-based tests -- Chapter 2. Systematically revising the literature of field-based soccer tests -- Chapter 3. Summarizing and characterizing the field-based soccer tests -- Chapter 4. Evidence of accuracy, precision, and repeatability levels of field-based tests -- Chapter 5. Discussion of field-based soccer tests for aerobic fitness -- Chapter 6. Discussion of field-based soccer tests for sprinting, change-of-direction and agility -- Chapter 7. Discussion of field-based soccer tests for strength, power, and

neuromuscular fitness -- Chapter 8. Conclusions & practical implications.

Sommario/riassunto

This book systematically summarizes the accuracy, precision, and repeatability levels of field-based tests applied in soccer. It considers such details as the effectiveness of tests for different age categories and sexes. In this book, the readers will be able to check all the field-based tests conceived for fitness assessment in soccer through a large systematic review made to the literature. In addition a brief characterization of each test and presentation of the concurrent validity and repeatability levels for each test will be provided. Finally, the book contains a general discussion of the implications of the tests for different methodological approaches to training. It will be use to sports scientists and practitioners.
