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Titolo	Trends on Educational Gamification: Challenges and Learning Opportunities
Pubbl/distr/stampa	Basel, : MDPI - Multidisciplinary Digital Publishing Institute, 2022
Descrizione fisica	1 online resource (218 p.)
Soggetti	Education History
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>Games are a natural activity-we all know how to play. Perhaps this is the key feature that explains the increase in the use of game-based learning (GBL) strategies: Applying games to education converts education into a universal activity. Over the last ten years, the way in which education and training is delivered has considerably changed, not only due to a new technologic environment-plenty of social networks, MOOCs, etc.-but also because of the appearance of new methodologies. Such new methodologies are shifting the center of gravity: from the teacher to the student, with the aim of awakening relational aspects, as well as promoting imagination and divergent thinking. One new approach that holds considerable promise for helping to engage learners is, indeed, game-based learning (GBL). However, while a growing number of institutions are beginning to see the validity of GBL, there are still many challenges to overcome before this type of learning can become widespread.In this Special Issue, we want to gather several studies and experiences in GBL to be shared with other teachers and researchers.</p>

2. Record Nr.	UNINA9910367739403321
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Titolo	Dietary Behavior and Physical Activity in Children and Adolescents
Pubbl/distr/stampa	MDPI - Multidisciplinary Digital Publishing Institute, 2019
ISBN	3-03921-601-5
Descrizione fisica	1 online resource (358 p.)
Soggetti	Biology, life sciences
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>In recent years, diet- and lifestyle-related disorders have become a major health threat in Europe and worldwide. The contributions in this monograph include 2 review articles and 19 original contributions from several countries that provide new information on the existing research elucidating important aspects of children's and adolescents' nutrition and lifestyle behavior. The data included in this Special Issue are from large epidemiological studies, including several multicenter and multinational studies, as well as datasets from surveillance initiatives. The topics of interest of this Special Issue include the co-occurrence of multiple health behaviors in children, the role of parenting and early feeding practices, dairy consumption in childhood, validity of dietary intake data, dietary supplement use in children, as well as socioeconomic disparities and eating culture. The diverse articles in this Special Issue highlight the complexity and extent to which nutrition and physical activity behaviors may influence different health aspects of children and adolescents. As seen by the various findings and recommendations, not only is more work in this area required but the translation of this work to practice and policy is imperative if we are to address the challenges impacting the nutrition, physical activity, and health of young populations.</p>