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| 1. Record Nr.           | UNINA9910566477503321   |
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| Titolo                  | Preventing the Adverse Effects of SARS-CoV-2 Infection and COVID-19 through Diet, Supplements and Lifestyle   |
| Pubbl/distr/stampa      | Basel, : MDPI - Multidisciplinary Digital Publishing Institute, 2022  |
| Descrizione fisica      | 1 online resource (188 p.)  |
| Soggetti                | Biochemistry<br>Biology, life sciences<br>Research & information: general   |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Sommario/riassunto      | This book presents the latest research published in the Special Issue Preventing the Adverse Effects of SARS-CoV-2 Infection and COVID-19 through Diet, Supplements, and Lifestyle in the journal Nutrients. In this book, we explore the role of supplements, lifestyle choices, and nutritional status on COVID-19 patient outcomes and risk reduction. |