

1. Record Nr.	UNINA9910163886703321
Autore	Sadick Neil
Titolo	The New Natural : Your Ultimate Guide to Cutting-Edge Age Reversal
Pubbl/distr/stampa	Gordonsville : , : Potter/Ten Speed/Harmony/Rodale, , 2011 ©2011
ISBN	1-60961-126-8
Descrizione fisica	1 online resource (229 pages)
Classificazione	HEA024000
Altri autori (Persone)	MarshallSamantha DinkesAdam
Disciplina	646.7/26
Soggetti	Skin--Care and hygiene
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>"Obvious face-lifts and Botox overload are no longer in vogue, but a new generation of fillers, laser treatments, and topical preparations are keeping millions looking younger--and more natural--for decades longer. Prominent dermatologist and cosmetic surgeon Dr. Neil Sadick explains how every woman, at any age, can have beautiful, healthy skin without a scalpel or surgery. Starting off with the basics of skin care we all need in our early adult, damage-prevention years, Sadick cites the most efficacious cosmetic products and discusses the best practices for preserving a glowing, youthful appearance. For older readers looking to maintain healthy skin and reverse damage, he explains the various nonsurgical options available: from the modern day miracle of cell therapy to cosmeceuticals, fillers, and treatments for cellulite and hair loss. Throughout he mentions brand-name products at every price point and treatments for every budget. User-friendly and backed by the latest science and technology, The New Natural is every adult's guide to the most advanced antiaging protocol for achieving young, vibrant skin--now and in the future"--Provided by publisher.</p> <p>"From one of the most widely respected dermatologists and beauty-thought leaders comes the most advanced guide for keeping--or regaining--a younger-looking face and body without going under the knife. Obvious face-lifts and Botox overload are no longer in vogue, but</p>

a new generation of fillers, laser treatments, and topical preparations are keeping millions looking younger--and more natural--for decades longer. Prominent dermatologist and cosmetic surgeon Dr. Neil Sadick explains how every woman, at any age, can have beautiful, healthy skin without a scalpel or surgery. Starting off with the basics of skin care we all need in our early adult, damage-prevention years, Sadick cites the most efficacious cosmetic products and discusses the best practices for preserving a glowing, youthful appearance. For older readers looking to maintain healthy skin and reverse damage, he explains the various nonsurgical options available: from the modern day miracle of cell therapy to cosmeceuticals, fillers, and treatments for cellulite and hair loss. Throughout he mentions brand-name products at every price point and treatments for every budget. User-friendly and backed by the latest science and technology, The New Natural is every adult's guide to the most advanced antiaging protocol for achieving young, vibrant skin--now and in the future. "--Provided by publisher.

2. Record Nr.	UNINA9910566464903321
Autore	Mironeasa Silvia
Titolo	Effects of Plants' Ingredients on Dough and Final Product
Pubbl/distr/stampa	Basel, : MDPI - Multidisciplinary Digital Publishing Institute, 2022
Descrizione fisica	1 online resource (198 p.)
Soggetti	Technology: general issues
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	The Special Issue presents valuable information on the perspective of using cereals/pseudocereal grains, vegetable byproducts, or flour processed by applying various techniques in baked goods and pasta products. At the same time, this Special Issue reveals the experience of authors regarding the use of plants' ingredients as a valuable strategy to improve the nutritional profile of food products, contributing to the

reduction in nutrient deficiencies, or to make products for special nutrition such as low-sodium or gluten-free ones. The quality of the raw materials, the processing techniques, and the potential of certain vegetable byproducts from fruits or oilseeds represent key aspects for obtaining qualitatively enhanced food products. Furthermore, current approaches to diversify the range of bakery and pasta products which offer health benefits to consumers are also presented in this Special Issue.
