

1. Record Nr.	UNINA9910824483603321
Autore	Turner Nick
Titolo	Mindfulness-based sobriety : a clinician's treatment guide for addiction recovery using relapse prevention therapy, acceptance and commitment therapy, and motivational interviewing // Nick Turner, Phil Welches, and Sandra Conti
Pubbl/distr/stampa	Oakland, California : , : New Harbinger Publications, , [2014] ©2014
ISBN	1-4619-5660-9 1-60882-854-9 1-60882-855-7
Descrizione fisica	1 online resource (362 p.)
Classificazione	PSY038000PSY007000PSY045010
Altri autori (Persone)	WelchesPhil ContiSandra
Disciplina	362.29
Soggetti	Addicts - Rehabilitation Substance abuse - Relapse - Prevention Substance abuse - Treatment Mindfulness-based cognitive therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Acknowledgments; Introduction; Pilot Project; Evidence-Based Practices; Organization of the Book; Use of Pronouns and References to Those in Treatment; Suggested Approach to Reading This Book; Therapeutic Model; Therapeutic Alliance; Therapeutic Frame; Contributing Models; MBS Approach to Relapse Prevention: Sobriety in the Service of Value-Based Living; Clinical Interventions That Complement Mindfulness-Based Sobriety; Conclusions; Mindfulness-Based Sobriety in a Continuum of Care; MBS Residential and Intensive Outpatient Curricula; Partial-Hospitalization Programs Mindfulness-Based Sobriety and ASAM Patient Placement CriteriaConclusions; Therapeutic Principles and Facilitation; Open-Group Curricula; General Facilitation Issues; Some Awareness Areas and Tips; Conclusions; Mindfulness-Based Sobriety: Intensive Outpatient (IOP) Curriculum; Open Group Therapy: Helping Clients in Different

Places; Check-In: Intensive Outpatient Model; Three-Hour IOP Session Outline; Mindfulness-Based Sobriety: Residential Treatment Curriculum; Session Setting and Materials; MBS in Residential Treatment Session Content; MBS in Residential Treatment Session Outline
Residential-Group Topic Rotation: Mindfulness and Urge Surfing; Mindfulness Instructions; Urge Surfing: An Application of Mindfulness; Overview of the MBS Model and Principles; Value-Based Living Presentation; High-Risk Events and Scenarios (Experience in Situation); Glossary of Terms; Generations of Cognitive Behavioral Therapy; Recommended Readings; Appendix Outline; Acceptance and Commitment Therapy; Motivational Interviewing; Relapse Prevention Therapy; Empathy and Therapeutic Alliance; Mindfulness; Research Support
Acceptance and Commitment Therapy and Other Contextual Behavioral Approaches
Motivational Interviewing; Relapse Prevention Therapy; Empathy and Therapeutic Alliance; Mindfulness; References; About Gateway Foundation; Contact the Authors

Sommario/riassunto

Mindfulness-Based Sobriety presents a breakthrough, integrative approach to addiction recovery for clinicians who treat clients recovering from substance abuse and addiction. The book combines relapse prevention therapy, acceptance and commitment therapy (ACT), and motivational interviewing to help clients conquer substance abuse by identifying their own values, strengthening their motivation, and tackling other mental health problems that may lie at the root of their addiction. The book also puts a strong emphasis on relapse prevention, so that clinicians can help client

2. Record Nr.	UNINA9910563199903321
Autore	Gehrig Christoph
Titolo	Anwendungssystemgestütztes strategisches Controlling : Konzeption und empirische Erkenntnisse / Barbara E. Weißenberger, Christoph Gehrig
Pubbl/distr/stampa	Frankfurt a.M. , : PH02, 2018
Edizione	[1st, New ed.]
Descrizione fisica	1 online resource (370 p.) : , EB00
Collana	Controlling & Business Accounting ; 2
Soggetti	Accounting
Lingua di pubblicazione	Tedesco
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Peter Lang GmbH, Internationaler Verlag der Wissenschaften
Nota di contenuto	Aus dem Inhalt: Konzeption eines strategischen Controllings - Anwendungssystemunterstützung für das strategische Controlling - Empirische Erkenntnisse zur Gestaltung des strategischen Controllings und zum Reifegrad der verwendeten Anwendungssysteme in deutschen Großunternehmen - Aufgaben und Instrumente des strategischen Controllings - Effizienzsteigerung des strategischen Controllings - Rollenverständnis strategischer Controller.
Sommario/riassunto	Strategisches Controlling - nur wenige Schlagworte der Betriebswirtschaftslehre zeichnen sich in vergleichbarem Maße durch ein Nebeneinander von großer Beliebtheit und mangelnder inhaltlicher Konkretisierung aus. Es stellt sich somit die Frage, wie eine strategische Controllingkonzeption konkret zu gestalten ist, um für die zahlreichen Problemfelder der strategischen Unternehmensführung Lösungsansätze zu bieten. Christoph Gehrig untersucht in seiner Arbeit darüber hinaus, wie das strategische Controlling durch den Einsatz moderner Anwendungssysteme effizienter gestaltet werden kann. Durch die Analyse des State of the Art des anwendungssystemgestützten strategischen Controllings in deutschen Großunternehmen verbindet die Arbeit sachlich-analytische und empirische Forschung. Das Buch richtet sich an Dozenten und Studenten der Betriebswirtschaftslehre mit den Schwerpunkten Unternehmensführung und Controlling und an Führungskräfte der Unternehmenspraxis, die sich mit der Ausgestaltung eines strategischen Controllings zur

Entscheidungsunterstützung des Top-Managements vertiefend
befassen.
