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   Sommario/riassunto   In the computer sciences, virtual reality (VR) is usually described as a
                        set of fancy technologies. However, in medicine and neuroscience, VR
                        is instead defined as an advanced form of human–computer interface
                        that allows the user to interact with and become present in a
                        computer-generated environment. The sense of presence offered by VR
                        makes it a powerful tool for personal change because it offers a world
                        where the individual can stay and live a specific experience. For this
                        reason, the use of VR in mental health shows promise: different types
                        of research support its clinical efficacy for conditions including anxiety
                        disorders, stress-related disorders, obesity and eating disorders, pain
                        management, addiction, and schizophrenia. However, more research is
                        needed to transform VR according to a clinical standard for mental
                        health. This Special Issue aims to present the most recent advances in
                        the mental health applications of VR, as well as their implications for
                        future patient care.