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|    | Descrizione fisica      | 1 electronic resource (280 p.)   |
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|    | Sommario/riassunto      | Asthma is a common complex and heterogeneous respiratory disease<br>with an increasing prevalence in developed countries. Asthma is a<br>disease consisting of different phenotypes that are driven by different<br>mechanistic pathways (endotypes). The recognition of these<br>phenotypes and endotypes is central to asthma management entailing<br>prognostic and therapeutic implications. It is acknowledged that<br>despite optimal treatment, many patients are poorly controlled,<br>highlighting the need for phenotype-guided treatments. In this<br>context, the emergence of novel therapies (monoclonal antibody<br>therapy, bronchial thermoplasty) is paving the way for personalized<br>asthma therapy. A better understanding of disease pathogenesis may<br>enable the identification of biomarkers, mediators, novel therapeutic<br>targets, and treatable traits. Further molecular phenotyping or<br>endotyping of asthma will be necessary to tailor new therapeutic<br>strategies. The present Special Issue on Asthma aims to provide the<br>current knowledge on phenotypes and endotypes in appreciating and<br>managing the heterogeneous condition that is asthma. |