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Autore	Hitchings Russell
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Nota di contenuto	Intro -- The Unsettling Outdoors -- Contents -- Series Editors' Preface -- Acknowledgements -- 1 A Wager and a Strategy -- 2 Taking an Interest in the Everyday Lives of Others -- 3 Forgetting the Outdoors: Inside the Office -- 4 Avoiding the Outdoors: On the Treadmill -- 5 Succumbing to the Outdoors: In the Garden -- 6 Embracing the Outdoors: At the Festival -- 7 Conclusions -- Index -- EULA.
Sommario/riassunto	"If we want to understand the likelihood of future societies having regular beneficial contact with living greenspace, we should examine how outdoor experiences are handled by people in their everyday lives today. As a means of exploring this wager, The unsettling outdoors spends time with a series of groups who may be subject to a process of environmental estrangement that is often barely perceptible but which

could easily become more widespread. By talking with those who have ended up running on indoor treadmills, those confronted by the lack of showers at summer music festivals, those who seldom consider the spaces outside their city offices, and those faced with the intimidating prospect of a living domestic garden, this book reveals the importance of this process and provides a wealth of suggestions about the effective study of everyday life."--

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